



## CRITERION 7



## INSTITUTIONAL VALUES AND BEST PRACTICES



**Dr. MGR-JANAKI COLLEGE  
OF ARTS & SCIENCE FOR WOMEN**

SATHYABAMA MGR MALIGAI  
11 & 13, Durgabai Deshmukh Road, RA Puram, Chennai - 28  
An ISO 9001:2015 CERTIFIED INSTITUTION  
Affiliated to the University of Madras



## CRITERION 7

### **7.1-Institutional Values and Social Responsibilities**



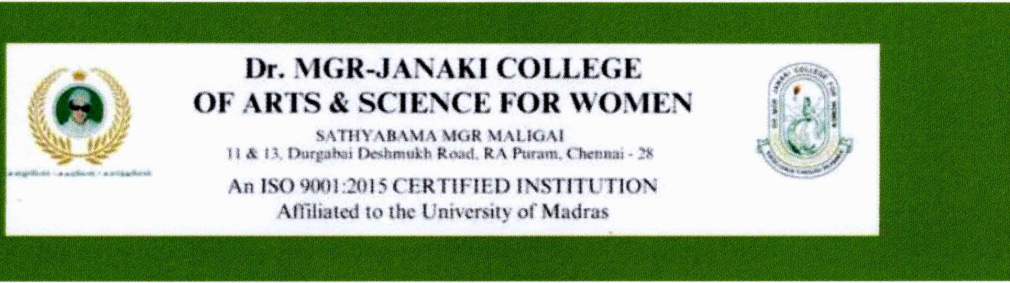
**Dr. MGR-JANAKI COLLEGE  
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## **7.1.4-Institution efforts/initiatives in providing an inclusive environment**



## Verified and Certified Documents

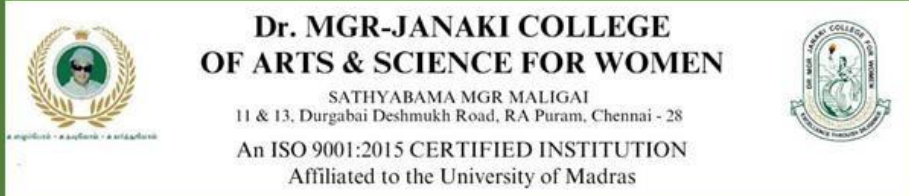
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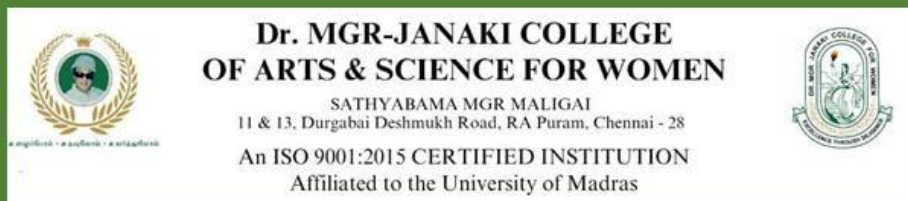
  
Principal



**PRINCIPAL  
DR. MGR JANAKI COLLEGE OF  
ARTS & SCIENCE FOR WOMEN  
CHENNAI - 600 028.**



**Celebration of Regional, National festivals  
and Conduction of *Iyal Isai Nadaga  
Mandram***



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EVENTS	DATE	NUMBER OF BENEFICIARIES
AADI PERUKU	01.08.2022	3500
INDEPENDENCE DAY	15/08/2022	2000
ONAM	07/09/2022	3500
DHANDIYA DARBAR	28.09.2022	3000
NAVRATRI	15/10/2022	3500
CHRISTMAS	23/12/2022	300
PONGAL	12/01/2023	4000
HOLI	07/03/2023	3500
ACHIEVERS' DAY	06.04.2023	800
MUTHAMIZH MUGAAM 2022	06.05.2022	50
MUTHAMIZH MUGAAM 2019	06.02.2019	50



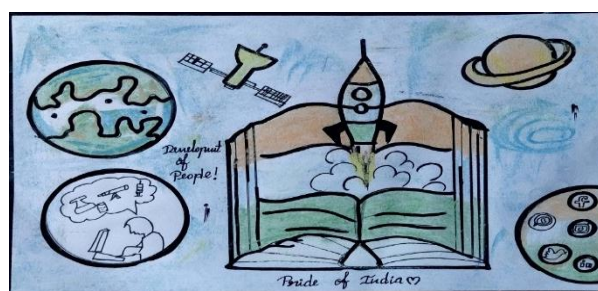




## INDEPENDENCE DAY

### Brief report :

On August 15, 2022, Dr. MGR Janaki College of Arts and Science for Women commemorated the 75th Anniversary of India's National Independence in a grand and patriotic manner. This momentous occasion brought together 12 passionate participants in a 'Poster Making' event, adding an artistic and visual dimension to the celebration. The festivities were marked by an array of cultural events that resonated with the spirit of freedom and patriotism. Students and faculty members came together to showcase their talents and pay homage to the nation's struggle for independence. Dance performances, melodious singing, and a poignant skit were part of the program, each element celebrating the rich tapestry of our history. The skit, in particular, was a poignant reminder of the sacrifices and dedication of our freedom fighters who valiantly fought for our nation's liberty. It highlighted their struggles and unwavering commitment to securing India's freedom. This dramatic representation instilled a profound sense of gratitude and pride in the audience, serving as a powerful testament to our nation's history. The event was a resounding success, fostering a deep sense of unity, patriotism, and reverence for our forefathers' sacrifices. It reminded everyone present of the importance of preserving and cherishing the hard-fought freedom we enjoy today, while also inspiring them to contribute to the continued growth and progress of our beloved nation.







## ONAM'22

### Brief report:

On the 7th of September 2022, Dr. MGR Janaki College celebrated the vibrant and culturally rich festival of Onam, a significant occasion in the Malayali calendar, marking the onset of the Malayalam year known as KollaVarsham. The event featured two distinct activities, 'Face Painting' and 'Poo Kolam,' which collectively engaged 6 and 8 enthusiastic participants, respectively. The festivities were a beautiful portrayal of the essence of Kerala's culture. Students showcased their talent and dedication through various traditional dance forms such as ThumbiThullal and Thiruvathira, captivating the audience with their graceful movements and vibrant costumes. The rhythmic beats of the Chendamelam added an authentic touch to the event, enhancing the overall cultural experience. One of the highlights of the celebration was the creation of a ten feet long rangoli, an intricate and artistic masterpiece, skillfully crafted by the students under the guidance of their teachers. This stunning artwork was a testament to the students' creativity and attention to detail, reflecting the cultural richness of Kerala. The event served as a platform for the college community to come together and appreciate the diversity and beauty of Kerala's traditions. It showcased the commitment of Dr. MGR Janaki College to preserving and promoting cultural heritage while fostering a sense of unity and appreciation for the colorful and diverse tapestry of Indian culture.

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**ONAM AASHAMSAGAL** Students of Dr MGR Janaki College of Arts and Science for Women organised and managed a series of dance performances and a lavish Onam Sadhya (street-food set up) on the college campus on Wednesday. More than 4,200 students participated in the festivities

Hindu Tamil  
இந்து தமிழ்  
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▲ மூலம் பங்குதாரர்களாக, சென்னை ராஜா அண்ணாமலைபுரத்தில் உள்ள பாக்டர் எம்.ஜி.சி. - ஜனகி மகளிர் கல்லூரியில் நேற்று நடைபெற்ற கோதுமை பாரம்பரிய கலை நிகழ்ச்சிகளில் பங்கேற்ற மாணவிகள்.

Dinamani  
தினமணி  
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இன்று ஒணம் பண்டிகை...



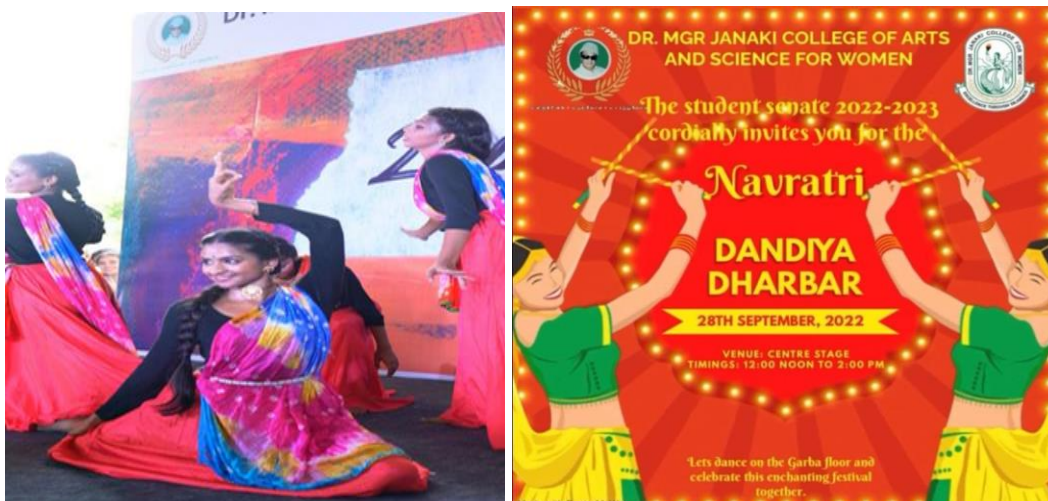
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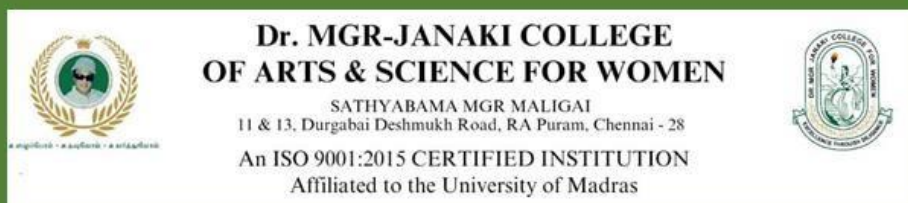


## DHANDIYA DARBAR

### Brief report:

On the 28th of September 2022, Dr. MGR Janaki College celebrated the joyous and vibrant festival of DandiyaDarbar, a tradition that holds deep cultural and religious significance. The event was a perfect blend of talent and cultural expression, featuring a 'Fashion Walk' and a 'Dance' performance, with 10 and 8 enthusiastic participants, respectively. DandiyaDarbar is rooted in the portrayal of the epic battle between Goddess Durga, the embodiment of Shakti or divine power, and Mahishasur, the Demon King. The colorful sticks used during Dandiya dances symbolize the sword of Goddess Durga, making it a significant part of the Navratri celebrations in Gujarat. The students of Natya presented an amazing performance, showcasing various Gujarati dance styles, capturing the essence of the festival with their vibrant and energetic movements. Their dedication and commitment to preserving the cultural roots of Dandiya were truly commendable. To enhance the festive atmosphere, a DJ provided a backdrop of lively music, allowing all the students to immerse themselves in the spirit of the celebration and enjoy the day to the fullest. The DandiyaDarbar celebration at Dr. MGR Janaki College was a beautiful testament to the institution's commitment to embracing and celebrating the diversity of Indian culture. It allowed students to participate and appreciate the rich heritage of Gujarat and the significance of Dandiya in Indian festivals.





## NAVRATRI

### Brief report :

On October 15, 2022, the NSS and Student Council of Dr. MGR Janaki College of Arts and Science for Women orchestrated a lively and culturally enriching celebration of Navratri. The event, which ran from 12:00 PM to 02:00 PM, brought together students in a festive spirit, with the primary aim of providing a platform to showcase their diverse talents and creative expressions. It featured two activities, 'Article Writing' and 'Poster Making,' with 10 and 11 participants, respectively. The festivities commenced with an electrifying dance performance, setting the tone for a day filled with music and dance, capturing the essence of the Navratri celebrations. This spirited opening dance performance set the stage for an event brimming with enthusiasm, creativity, and cultural richness. Students enthusiastically engaged in a range of activities, including article writing and poster making, with their creative expressions drawing the undivided attention of the audience. These activities served as a testament to the abundant talent and creativity within the college community, fostering a sense of unity and pride among the participants and spectators alike. The celebration of Navratri at Dr. MGR Janaki College highlighted the institution's commitment to nurturing and celebrating the talents of its students, and it provided a wonderful opportunity for the college community to come together and embrace the cultural significance of the festival. This event not only showcased the diversity of talents within the college but also emphasized the importance of unity and creative expression in fostering a vibrant and inclusive learning environment.







## CHRISTMAS

### Brief report :

On the 23rd of December 2022, Dr. MGR Janaki College joyfully celebrated Christmas, a significant occasion that marks the birth of Jesus Christ and is observed with great reverence, customs, traditions, and festive spirit. The event encompassed two engaging activities, 'Tree Decoration' and 'Drama,' featuring 8 and 12 enthusiastic participants, respectively. The day began with the heartwarming tradition of 'Tree Decoration,' where students showcased their creative flair by adorning Christmas trees with colorful ornaments, lights, and decorations. The beautifully decorated trees served as a visual delight and an embodiment of the holiday spirit. The celebration continued with a captivating 'Drama' performance, with 12 talented students coming together to portray the essence of Christmas and the story of the birth of Jesus Christ. The drama brought to life the customs and traditions associated with this special day, adding a layer of cultural significance to the event. As part of the festivities, the melodious strains of 'Christmas Carols' filled the air, with students performing these cherished songs that have become an integral part of the Christmas season. Additionally, a simple freestyle dance was performed to the rhythmic tunes of the Christmas carols at Subramanian Hall, adding an element of joy and celebration. The Christmas celebration at Dr. MGR Janaki College was a wonderful reflection of the institution's commitment to honoring and preserving the rich traditions and customs associated with this global holiday. It brought the college community together to celebrate the spirit of love, joy, and togetherness that Christmas represents.





## PONGAL

### Brief report :

On the 12th of January 2023, Dr. MGR Janaki College celebrated Pongal, a festival that reverberates with the spirit of the harvest season and offers gratitude to Mother Earth, Mother Nature, and farm animals for their essential role in providing sustenance and prosperity. The event featured two creative and culturally enriching activities, 'Rangoli' and 'Pot Painting,' with 6 participants each. The traditional Pongal celebration kicked off with the preparation of the Pongal dish in a classic way, using mud pots and lighting the fire with sticks. This method not only pays homage to tradition but also underscores the importance of sustainable and eco-friendly practices. It was a reminder of the strong connection between nature and our daily lives. The cultural performances during the event were a testament to the rich heritage of Tamil Nadu. Students showcased traditional dance forms such as Oyilattam, Mayilattam, Paraiyattam, and Silambam, adding a vibrant and rhythmic touch to the celebration. The cinematic performance by the college dance team, dressed in black shirts and white dotis like the men, was a unique and engaging portrayal of culture and art. Students attending the event donned traditional attire, reflecting their deep-seated enthusiasm for preserving and celebrating their cultural roots. The celebration of Pongal at Dr. MGR Janaki College served as a platform for the college community to express their appreciation for tradition, culture, and the vital role of agriculture in our lives. It beautifully encapsulated the essence of unity, gratitude, and a shared commitment to preserving and promoting Tamil culture.



பொங்கல் திருநாளைப்போட்டி அண்டையது டாக்டர் எம்.ஜி.ஆர். ஜனகி கலை அறிவியல் கல்லூரியில் இன்று ஏராளமான மாணவிகள் பொங்கல் வைத்து கொண்டாடிய போது எடுத்த படம்.





## HOLI

### Brief report :

On the 7th of March 2023, Dr. MGR Janaki College celebrated the colorful and vibrant festival of Holi with great enthusiasm. Holi is not just a festival of colors but also symbolizes the arrival of spring, the triumph of good over evil, and the eternal and divine love of the gods Radha and Krishna. The event saw the active participation of 10 students who joined in the festivities. The celebration began with students joyfully playing with colors, spreading happiness and exuberance. The vibrant colors of Holi painted a lively picture of unity and togetherness, as students came together to revel in the festivities. It was a representation of the communal spirit and the shared joy that Holi brings to people of all backgrounds. To enhance the festive atmosphere, a DJ played energetic music, setting the mood for the day and allowing students to immerse themselves in the spirit of Holi and enjoy every moment. The event served as a reminder of the importance of coming together and celebrating the rich cultural diversity and traditions that make India a colorful tapestry of celebrations. The Holi celebration at Dr. MGR Janaki College not only embraced the fun and merriment associated with the festival but also highlighted the values of unity, love, and the victory of good over evil. It was a day of shared happiness, community bonding, and the expression of the joyful spirit of Holi.



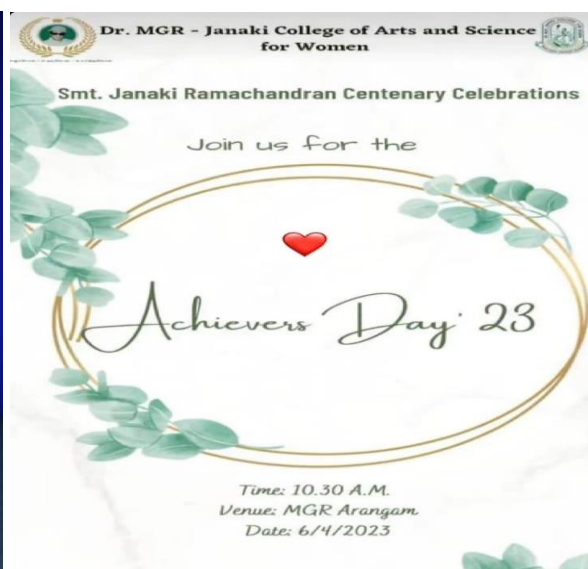


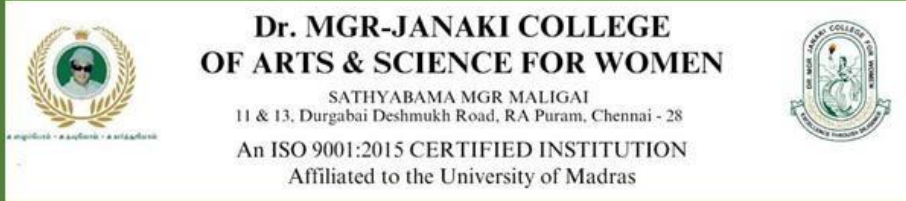


## ACHIEVERS' DAY

### Brief report:

On the 6th of April, Dr. MGR Janaki College celebrated "Achiever's Day," a day dedicated to honoring and rewarding achievers and geniuses, especially with monetary prizes. This event serves as a powerful means of conveying the significance of pursuing worthy causes and recognizing the outstanding accomplishments of individuals. "Achiever's Day" is an annual tradition that takes place at the end of each academic year, where a range of exceptional individuals are recognized and rewarded for their contributions. These individuals include Senate Members for the academic year, Department secretaries from every department, rank holders, sports winners, and cultural winners. The event embodies the college's commitment to acknowledging and encouraging excellence in various fields, be it academics, sports, or cultural pursuits. It not only celebrates the achievements of the honorees but also inspires others to strive for excellence in their own pursuits, fostering a culture of achievement and recognition within the institution. "Achiever's Day" is a reflection of the college's dedication to promoting and rewarding merit and excellence, instilling in its students the importance of setting and pursuing worthy goals and recognizing those who have excelled in their respective domains.





## Muthamizh Mugaam 2022-23

### Brief report:

Dr. MGR Janaki College of Arts and Science for Women, Tamil Nadu Iyal Isai Nadaga Mandram and Tamil Nadu Government Department of Arts and Culture organized a workshop on 06.05.2022 on “Muthamizh Mugaam.” The delegates were trained by the best artists and creators in the fields of Literature, music and drama. Freelance journalist poet Mr. Jayabaskar delivered the keynote speech. Dr. Latha Rajendran, Correspondent of Dr. MGR Janaki College of Arts and Science for Women and Ms. K. Vimala, Associate Director of Tamil Nadu Natural Music and Drama Forum gave the felicitation address. Theater artist Mr. Vaagai Chandrasekhar, president of Tamil Nadu Musical Theater Association, delivered the keynote speech, and Film lyricist Dr. R. Sorko, Mr. Karunanidhi Professor, Department of Tamil, Govt Men's College of Arts taught about literature. Mr. Senthildas, Film Music Composer and Singer trained on Music Tamil and Mr. V.C. Vijayshankar, Chief Film Associate Director spoke about Nadaga Tamil. More than 50 students and teachers from various colleges participated and benefited from this event. Certificates were awarded to all the participants.

தமிழ்நாடு இயல் இசை நாடக மன்றம் தமிழ்நாடு அரசு கலைப்பயன்பாட்டுத்துறை மற்றும் பாடகர். எம்.கி.ஆர். காளி கலை மன்றம் அறிவிப்பு மகனின் கல்லூரி	
இணைத்து உத்தரவு முத்தமிழ் மூலம் நிகழ்ச்சி நிரல்	
நாள் : 06-02-2019 புதன்கிழமை	
நேரம் : 10.00 மணி முதல்	நிகழ்ச்சி விவரம்
தமிழ் நாடக வகுப்பு இறை வணக்கம்	இணை கலைப்பயன்பாடு, புதன் பூதி சிவசுந்தரி திரு. கோ. சிவசுந்தரி முனைவர். கே.வ.வ. பிணாட்சி குறிப்பு, தமிழகக் கல்லூரி, இராஜா அண்ணாமலை மற்றும் திருமதி. கனகா கிருஷ்ணன் பிள்ளை கலை, பரதநாட்டியம் கலைஞர்.
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வாழ்த்துரை	முனைவர் சி. கார்த்திகேயன் உ.தமிழ். கோபிந்தன், திரைப்படம் மற்றும் நாடக துறை, தமிழ்நாடு திரைப்படம் பிள்ளைக் கல்வி
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## Muthamizh Mugaam 2019-20

### Brief report:

Dr. MGR Janaki College of Arts and Science in collaboration with Tamil Nadu National Music and Drama Forum and Tamil Nadu Government Department of Arts and Culture conducted a workshop on “Muthamizh Mugaam ” on 06.02.2019. The delegates were trained by the best artists and creators in the fields of Literature, music and drama. Mr. Deva, President of Tamil Nadu National Music and Theater Association delivered the Inaugural address. Dr. Sudaseshayan, Vice-Chancellor of Tamil Nadu Dr. MGR Medical University and Director of Tamil Development of Chennai University gave the keynote address; The secretary of the association, Dr. Ulaga Nayagi Palani, gave training related to literature. On 07.02.2019 Kalaimamani Padmasree Sirkazhi Mr. Go.Sivasithambaram and Principal of Tamil Music College Dr. Ve.V. Meenakshi and Bharatha Natyam expert Mrs. Kanaka Krishna Prashanth gave training related to Tamil music. On 08.02.2019 Director of DKS Nadaga Mandra Nadaga Selvam Mr. D.K.S. Pugazhendhi and Dr. C. Karthikeyan, Assistant Professor of Film and Theater, Tamil Nadu Open University, gave training on Nadaga Tamil. Dr. Latha Rajendran, Correspondent of Dr. MGR Janaki College of Arts and Science for Women, Md. Sudaseshayan, Vice-Chancellor, Dr. MGR. Medical University, Mr. T.V. Varadarajan, Tamil Nadu Iyal Isai Nadaga Mandram, General Committee and Executive Committee Member delivered the valedictory address. 50 students and teachers from various colleges participated and benefited from this event. Certificates were awarded to all the participants.

